



Juggling work or college and public benefits

During the transition from high school to work and/or college, there are many changes in benefits. Sometimes families applied for benefits on behalf of their child, who is later unaware of receiving a benefit. For example, do you and your family receive a monthly “check from the government”? There are difference sources such as Social Security Disability Insurance (SSDI or SSI) or Vermont financial assistance. Health care coverage is another kind of benefit. Each benefit operates with its own set of rules and may require a new application once you are “on your own” or reach a specific age.

VR has a special group of counselors called Benefits Counselors to help you understand:

- Your benefits and changes at transition
- How to work and keep your benefits
- How to include benefits in planning for college or training

Ask your transition counselor if you would like more information about benefits or if you have questions. Your counselor can connect you to the benefits counselor serving your local area.